Salt Crystal Lamps

Salt crystal lamps work as a natural air purifier killing bacteria, removing dust, allergens, smoke, odors, and mold spores. They never get dirty or dusty. They help you breathe and sleep better. They are a beautiful addition to any room décor and function as a perfect night-light, creating a soothing and tranquil atmosphere.

Over 250-million-year-old salt crystals are hand-mined in the foothills of the Himalayan Mountains. They were once part of the earth’s most pure and pollutant-free primal ocean. When the ocean was naturally dried by the sun’s energy these crystals were formed; they were then subjected to extreme temperatures and pressure, creating a superior crystalline structure. Most of the coloration you see in the crystals comes from naturally occurring iron (red) and manganese (yellow). Each and every crystal is entirely natural. Himalayan salt is the world’s most mineral-rich, pure salt on our planet.

NEGATIVE IONS

Negative ions are produced naturally by thunderstorms, waterfalls, and the ocean. That’s why we feel refreshed and energized in these environments. Salt crystal lamps offer the same benefits. The benefit of ionizers is well known. While most ionizers on the market are manmade machines, the salt crystal lamp is a natural and beautiful alternative, and emits no noise or HARMFUL OZONE. The only maintenance for your lamp is replacement of the bulb. (15w for Small & Medium lamps) Large lamps require a 25w – 40w bulb.

BENEFITS

When the salt crystal rock is lit and heats up, a reaction occurs with the crystal, causing it to emit negative ions. These ions clean the air and relieve symptoms of Asthma, Allergies, Migraines, and Snoring, while neutralizing all odors. They also offset the negative effects of electronic smog produced by computers, televisions, and other electronic devices. It is recommended that you leave the lamp on 24 hours a day to receive its full benefits.

PLACEMENT

Salt lamps can improve your home and environment. They belong in bedrooms, living rooms, dining rooms, hall-ways, near televisions, meditation rooms, computers and around smokers. Use these beautiful lamps in offices to reduce fatigue and beautify your work area; you will find yourself refreshed and your concentration improved by the effects of the negative ions. Use the lamp in waiting rooms to create a relaxing atmosphere, during massage therapy, and anywhere you want to restore or maintain the natural air quality. If your lamp is stored or turned off for long periods of time in a humid climate, just put a plastic bag over the lamp to protect it from humidity.

SPELEOTHERAPY

(Portable Salt Cave)

Europeans have been aware of the health benefits of salt for generations. People suffering from chronic congestive problems go to clinics located in salt mines for speleotherapy. The very dry, negative ion-rich environment of these salt mines helps to clear out patients’ bronchial tubes, sinuses, and to kill bacteria and harmful microbes. Treatment in the cave is 12-14 hours a day for one to two months. We can now replicate speleotherapy in your home by using the Himalayas Salt Inhaler™ in conjunction with the Salt Lamp. This is like having your own portable salt cave and has actually replaced inhalers for many people or reduced their medications.

Dr. Oz highly recommends the use of a Salt Inhaler for the treatment of Asthma, COPD, Allergies and Sinus conditions. Our New Salt Puffer, Himalayan Salt-filled Inhaler Respiratory Supplement, is here! It’s Compact, Effective & Made in the USA.

Be sure to visit our website. Our testimonials show that many conditions have been relieved through the use of salt lamps alone or in combination with our other products. Himalayas Salt Lamps was featured on FOX News, June 2009.

Himalayas Salt Lamps and More™

240 W. Main St.
Mesa, AZ 85201
(East of Country Club - Next to Best Western Hotel)
Phone: (480)615.2700
Hours:
Mon. – Fri. 10:30 am - 6 pm
Saturday 10:30 am – 5pm
Website: www.TheSaltLady.com
E-mail: TheSaltLady@cox.net

The FDA has not evaluated these statements. This product is not intended diagnose, treat, cure or prevent any disease. If pregnant or under medical supervision, it is recommended to consult your physician before using this or any product.
© Copyright 2008-2011 Himalayas Salt Lamps & More. All rights reserved.