

SOLÉ: AN OCEAN OF ENERGY!

TRACE MINERAL SUPPLEMENT

Scientific research has demonstrated, through double-blind studies, the positive effects of Himalayan Crystal Salt, Solé (pronounced so-lay), on the body.

Positive effects:

- ◇ Re-mineralizes the body with 80+ essential minerals and trace elements that match our own chemistry.
- ◇ Patients have reported significant pain reductions from fibromyalgia and arthritic conditions.
- ◇ Dissolves and releases crystallized deposits, cleanses the intestines, and improves skin conditions.
- ◇ Replenishes electrolytes and helps balance pH levels, which aids the immune system.
- ◇ Significant positive changes in respiratory, digestive, organ, circulatory, connective tissue, and nervous system tissues.
- ◇ Increases quality of energy, sleep, concentration levels,
- ◇ Patients report a faster and better response to natural Respiratory Therapies using Solé.
- ◇ Many patients on BP medications have reported their BP has normalized while taking Solé.

SOLÉ SUPPLEMENT

Consume one teaspoon of brine solution first thing every morning, followed immediately by a glass of water (before breakfast). An alternative is to mix your teaspoon of Solé in a glass of water and add a squeeze of lemon juice (very refreshing). The lemon aids as a liver detox (optional). Be sure to drink plenty of quality water over the course of the day. Many people develop illness and disease from chronic dehydration.

Respiratory Patients: Solé is a major part of the protocol we recommend (including The Salt Puffer & Salt Lamp) for all Respiratory conditions.

Biophysically, Solé restores and maintains the body's natural energetic frequency pattern for 24 hours. After 30 days, you may increase your daily dosage slightly, up to a tablespoon, to improve energy levels as needed. Check BP levels if on medications.

Himalayas Salt Lamps and More™

240 W. Main St.

Mesa, AZ 85201

East of Country Club

Next to Best Western Mezona Hotel

Phone: (480)615-2700

WEBSITE: www.TheSaltLady.Com

EMAIL: TheSaltLady@cox.net

Hours:

Mon-Fri 10:30am-6pm Sat till 5pm

Directions:

1. Lightly rinse and put 3-4 Himalayan salt crystals in a pint glass jar. Use a jar with a lid to keep out impurities.
2. Fill the jar with fresh natural spring-water or clean filtered water. May also use distilled water
3. After approximately 24 hours, you will have a brine solution containing 26% salt with trace minerals. The concentration will remain the same as long as there are crystals in the jar.
4. Refill the jar with water as needed. Before crystals dissolve completely add a few new salt crystals so you do not have to start the process over. Do not stir sediments in bottom of jar. These are the heavier minerals that have settled and may be cleaned out periodically.

After a short time you may find crystallization formed around top of jar, this is normal condensation, just wipe or rinse under water.

The solution is germ-free and can be stored indefinitely without changing or decomposing.

The FDA has not evaluated these statements. This product is not intended to diagnose, treat, cure or prevent any disease. If you are under medical supervision, have high blood pressure, or are pregnant, it is recommended to consult your physician before consumption.

© Copyright 2008-2011 Himalayas Salt Lamps & More. All rights reserved.